

## **Athlete's Code of Conduct**

## PURPOSE:

The purpose of this Code is to promote the best possible team and individual impression at all times, and to acknowledge each athlete's individual responsibility to the team. Each athlete must read and sign this Code of Conduct, agreeing to the articles within, in order to participate as a member of any SAS team.

- 1. The possession of alcohol, tobacco products, or controlled/uncontrolled substances is strictly prohibited.
- 2. Curfews established by the coaches will be followed.
- 3. There will be no male athletes in female athletes' rooms and no female athletes in male athletes' rooms unless supervised by a coach.
- 4. Team members and staff will attend all team functions including meetings, warm-ups, practices, competitions, team meals, etc., unless excused or instructed by a coach.
- 5. Players are expected to be on time for all events, practices, games or team functions.
- 6. Players are expected to participate to the best of their ability at all practices, games, and team functions unless prior approval from the coach is received. Players are expected to call or make every effort necessary to get in touch with the coach if he/she cannot attend.
- 7. Team members and staff will refrain from any illegal or inappropriate behavior that will distract from competitions or tarnish the positive image of SAS.
- 8. Team members will display proper attitude, respect, and sportsmanship towards coaches, officials, fellow competitors, event staff, and the public.
- 9. Team member must maintain all equipment and uniforms provided by SAS and understand that all equipment and uniforms are property of SAS and must be returned when the athlete is no longer with the program.
- 10. Proper attire must be worn at all times and each individual must dress responsibly and maintain personal hygiene.
- 11. Any damage or loss to public or private property will be paid for by those persons responsible for the damage or loss that occurs. Parents are responsible for their children's financial obligations.
- 12. Junior team members will be enrolled in school and verify enrollment upon request. Each athlete will attend school at least 90% during each quarter/semester and hold a C grade of higher in each class to participate. This confirmation will be taken from school records. School records will be checked regularly. Accuracy is your responsibility.
- 13. Traveling teams will follow the team expectation of SAS and team coaches. This is individual to each team and will be reviewed with your team member by the team coaches.
- 14. All coaches' decisions are final. Team members have the right to appeal decisions to the SAS board for review.
- 15. Any additional guidelines for the team will be established as needed.
- 16. Sled Players: Sno-King Amateur Hockey Associate has additional guidelines and policies.

## **IMPLEMENTATION:**

I have received the Athlete's Code of Conduct of Seattle Adaptive. By signing this document, it is acknowledged that I have read it, understand it, and am willing to abide by the codes listed within. By signing this document it is further acknowledged that I am a representative of SAS and my sports team and I agree to conduct myself with honesty, integrity, and exemplary behavior. Furthermore, I understand that violation of any of the codes can/will result in disciplinary action which may include, but is not limited to, suspension or removal from the team and immediate return home (at parents'/athlete's expense).

Athlete's Name	(please print)		IF MINOR: Parent(s) Name	(please print)
Athlete's Signature		Date	IF MINOR: Parent(s)s Signature	Date